

# Telephone Groups

## For men with advanced prostate cancer

People with cancer often find it helpful to talk with others who have been through a similar experience. Now you can join a confidential telephone group and talk from the privacy of your own home.

Delivered via teleconference, these groups are professionally facilitated and meet weekly for around an hour over a period of six weeks.

Talk to others who understand what you are going through and discuss:

- Living with the impact of cancer
- How cancer effects relationships
- Coping with treatment and side effects

For more information, call **13 11 20** or email [\*\*csq@cancervic.org.au\*\*](mailto:csq@cancervic.org.au)

Calls to the group are at the cost of a local call using a standard home phone with no other costs involved.

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